

Comments from 2024 ESEP participants

ESEP-G, ESEP-UC

"This stay was an incredibly valuable experience, allowing me to grow both academically and personally. I am very grateful for the opportunity to conduct research at the University of Tokyo and to experience Japan and its rich culture firsthand."

-Karl, Germany

"The program is very interesting. It gives the opportunity to work in a lab but also to have time to see and experience the city"

-Deborah, Netherlands



"Would highly recommend everyone to at least give applying for this program a shot. The opportunity to collaborate with people from all around the world, especially in Japan, was such an eye-opening experience that I will forever cherish."

- Vanness, Singapore

"ESEP-G program is very fulfilling and is well organized and planned so that anyone can learn new things about their respective laboratory and apart from that can get a taste about the Japanese culture and work life. The staff is really cooperative." – Priyanshu, India

"The program was an exceptional experience, combining academic learning with rich cultural immersion. The Japanese class and wadaiko workshop were highlights, providing valuable language skills and a unique insight into Japanese culture. Memorable excursions like the Hakone bus tour further enhanced the experience. I thoroughly enjoyed my time in Japan and highly recommend this program." - Amisha, India

" I loved every day at the University of Tokyo. One of the best summers in my life. Since the first day my lab mates were very kind, and they helped me to get to know Japanese culture. I loved the activities of the programme as well and the research I made during my stay. Definitely worth it, a great life experience which I'll never forget:)"

- Santiago, Germany

"I had an amazing experience where I got to meet a lot of new people, try a lot of new things, and learn a lot!" - Noelle, Canada



"It's no doubt that it is the best program in Japan. I enjoyed here, and hopefully, the period could be longer." - Zurui, China

"I love how welcoming the professors and the lab-mates were. It was quite lovely to meet such motivated researchers and it was an absolute pleasure to work with them." - Sherry, India

"Highly recommend to anyone who loves to explore. It is fine even you don't know Japanese, don't be scared. Do believe you will definitely gain a lot through this program." - Enn Tng, China

"It has been one of the most important experience in my life for different reasons. This program was academically relevant to me. In a short period of time, I was able to put in practice what I have learnt during my studies and deepen my knowledge on specific topics. Life in Tokyo flows quickly through the streets of the city and I have enjoyed every second of it." - Irene, Italy



"This was a wonderful experience academically and culturally. I am glad I had the chance to experience Japanese kindness and hospitality."
- Ecem, Turkey

"Thank you for everything. This program has been wonderful, and I've enjoyed it immensely. It has allowed me to connect with Japanese culture and the Japanese people in a way I've never experienced before." - Nawatakorn, Thailand



"The one-month internship experience was great: I enjoy the academic atmosphere in UTokyo and also the culture here. I learnt a lot from the lab, also gained a lot of valuable memories with lab members." - Moqi, England

"The program gives great opportunity in learning Japanese culture as well as research environment."
-Tao, US

"This program is such a good experience to work with Japanese people and learn Japanese tradition."
-Patthranit, Thailand

"My research lab environment has been exceptional, fostering both professional and personal connections. Our teamwork has been highly productive, and we regularly exchanged ideas on diverse projects. The experience at UTokyo has been both intellectually stimulating and socially enriching, providing a nurturing environment for young researchers. I would definitely recommend this to everyone." - Bole, Germany



"Awesome research. Awesome people. Awesome food. Awesome program!"
- Raymond, UC

"Very grateful for this opportunity to gain research experience while fully experiencing Japan."
- Eustache, UC

"The lab members were friendly and very willing to help, so I learned a lot and had a great result. This is a great program to apply to learn more about what research is like." - Weijing, UC



"It brings you a lot of opportunities for the future."
-Hiroataka, Spain

"It is my fourth time to come to Japan, but is a new experience for me." - Zhuoya, China

"I had a great, interesting time in- and outside the lab!" - Wiebke, Germany

"Lots of friends and experience had and made. Was very worth it and I would highly recommend."
- Matthew, UC

"Expand your limit by learning in the different world. This is a great chance to do it so."
- Junhoo, UC

